

# The District 05 View



Vol 2023, SEP issue

Serving Pierce, Pepin, Buffalo, Eau Claire and Trempealeau & parts of Saint Croix, Dunn Chippewa counties

**Tradition 9: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."**

**MONTHLY DISTRICT MEETING  
Second Wednesday, 6:45 p.m.**

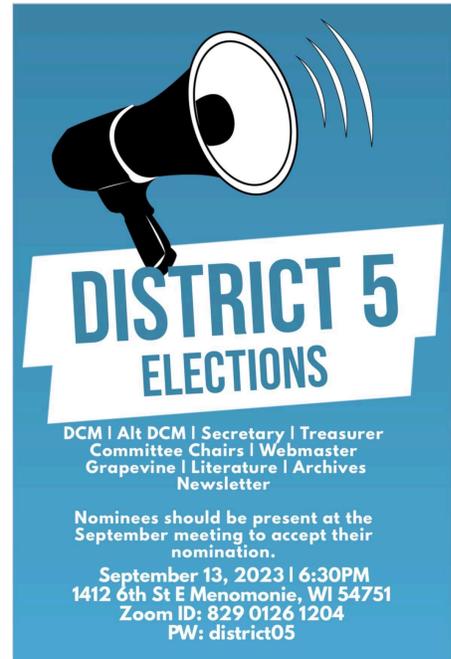
**NOW HYBRID!**

**IN PERSON AT  
THE MENOMONIE LEISURE CENTER  
1412 6TH ST. E  
MENOMONIE, WI 54751**

**Zoom ID: 829 0126 1204**

**Password: district05**

**All are welcome!**



## **Message from our Shane R. - District Committee Member**

Greetings District 5,

I was in the middle of writing a lecture about the importance of service work, based entirely in my lack of faith (FEAR) that the webmaster position would get filled at the end of this rotation, when a current GSR sent me a text stating he is planning to take the position at the beginning of the year. So now I'm thinking about fear, faith, trusting the process, and how trying to exert control to manage situations usually doesn't work out well for me. I know I've heard this all before and some day I hope to remember it so that I can put it to practical use in my daily living!

I am excited to be rotating out of the DCM role - not because I don't like what I'm doing, but because it is the next thing ahead of me and I'm excited to see the new group of AA members who will continue providing general services for the district. I know I plan to continue being involved in general service but am uncertain how all of that will shake out yet. Unknowns used to scare me but today I'm leaning into it. I know I'm willing and I'm capable so there is nothing to worry about.

Continued on page 2.

### **DISTRICT 05 THE VIEW NEWSLETTER**

Send an email to: [newsletter@district05.org](mailto:newsletter@district05.org) to request a digital copy in your inbox each month.

**Keep the 7th Tradition Alive!** Support our district with cash or check .

Mail checks to:

District 05, PO Box 1902  
Eau Claire, WI 54702

# The District 05 View



Vol 2023. SEP issue

**Concept IX** "Good service leaders, together with sound and appropriate methods of choosing them, are at all levels indispensable for our future functioning and safety. The primary world service leadership once exercised by the founders of A.A. must necessarily be assumed by the Trustees of the General Service Board of Alcoholics Anonymous."

## Continued. - Message from our Shane R. - District Committee Member

know I mention Chuck S a lot, but I really miss him. Last night I was in Minneapolis for a concert with some friends. We walked out of the parking garage and didn't know which way to start walking. Someone commented how the GPS couldn't give us a direction until it knew which way we were walking. In one of Chuck's talks he compared that to how recovery works for us. We just need to start moving and trust that the directions and guidance will come. I am someone who wants the map laid out before I start moving so that I can avoid missteps and obstacles. I'm afraid that a misstep or obstacle is "bad." But sometimes these things are just a part of the process. I can't always know what lies ahead. I just need to start taking action and keep moving.

**Shane R**

[dcm@district05.org](mailto:dcm@district05.org) 715-379-3688

## AREA 74 NEWSLETTER SIGN UP

To sign up to receive a copy of the Area 74 Newsletter "Now and Then", please email [nowandthen@area74.org](mailto:nowandthen@area74.org)

# Box 4-5-9

If you're keen to receive more free newsletters from A.A., there are three available at AA.org website.

The "Box 4-5-9" pictured here (courtesy of A.A.org) is great for members to learn more about the program beyond our district.

If you can let newcomers know that the national website has many resources for us all!

Sign up at the link below:

[Box 4-5-9 Newsletter](#)





**Step 9: "Made amends to such people wherever possible, except when to do so would injure them or others."**

## **Step 9 Article - David G.**

My experience with this step has been varied. **That is why today I know how important it is to work with a sponsor.**

Very early in sobriety after reading the steps off the wall, I had my chance to make amends with my wife who had been estranged. There was no sponsor in my recovery at the time, and I hadn't worked any step properly. Needless to say, it caused more harm.

When I eventually got a sponsor and properly worked the preceding 8 steps, fear entered again and it took **plenty of prayer and sponsor direction** to continue with my amends. I was able to separate the list into three categories. The ones I'm willing to do 'right away', the 'maybe' someday list, and the I will 'never' have the courage to do.

As I started making the 'right away' amends there was a certain momentum building. Eventually I tackled a couple of the 'maybe amends', I began to see things differently...How can I make it right wasn't that difficult. The satisfaction and relief I had experienced helped me take another look at the 'never' list. After a while there was only one amend yet to make. I knew I would see my sponsor at our Homegroup meeting & I knew he would ask if I finished the amends.

**With the courage that came from a power greater than me**, I was able to go to this business and admit I had stolen from them. With a certified check in hand I told them I was a sober member of Alcoholics Anonymous and if I don't pay this back I may have to drink again, and I don't want to drink again!

The man was amazed and said he had never witnessed such a thing. He invited me to come back anytime I wanted.

So this proves to me, the fear that kept me from following through with this amend was all in my head.

A couple of years ago, I had another disturbing experience where I was not at my best. A business owner called me to ask about something that had happened. As I was telling him a lie, I realized what I was doing but stuck to my story. Later when I tried to call back to say I had lied to him, the phone was busy. I knew the business closed at noon on Saturday and if I was not able to get through, I would have to sit with the lie on my conscience all weekend. This was a potent lesson for me to learn. I was relieved to finally set it straight, but came way too close to having to sit with this lie throughout the weekend.

These days, I do my best to continue to keep up my spiritual condition, or this alcoholic begins to back side and so do the promises.

**Continue is the most important word in the 12 steps.**

**David G, Eau Claire**

# The District 05 View



Vol 2023, SEP issue

Tradition 9: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

[District Calendar Click Here](#)



**DISTRICT 5  
ELECTIONS**

DCM | Alt DCM | Secretary | Treasurer  
Committee Chairs | Webmaster  
Grapevine | Literature | Archives  
Newsletter

Nominees should be present at the  
September meeting to accept their  
nomination.

September 13, 2023 | 6:30PM  
1412 6th St E Menomonie, WI 54751  
Zoom ID: 829 0126 1204  
PW: district05



Saturday Night Alive Presents:  
*September*

**UPCOMING  
AA SPEAKERS**

9/2 BRIAN B  
9/9 DAN H, HUDSON  
9/16 CALL UP  
9/23 JIMMY LEE L  
9/30 JOHN C, EDEN PRAIRIE, MN

8pm CST: Hybrid in-person & online  
Alano Club 12- 2926 Pomona Dr Eau Claire  
Zoom: 644 154 8273 PW: 010758  
SnaEauClaire@gmail.com  
Venmo @saturdaynightalive

# The District 05 View



Vol 2023, SEP issue



## 2023 AREA 74 FALL CONFERENCE - \$25

September 15th - 17th, 2023

Saturday Speaker - Bob W. (General Manager -New York)

The Holiday Inn South - 4751 Owen Ayres Court. Eau Claire, WI - (715) 830-9889

(Reserve your room by August 15, 2023 - \$134.95)

Additional Room Block located at Candlewood Suites (715) 839-0967

---

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_

Willing to be of services:    Yes / No    AA / Alanon    Bill W. Donation \_\_\_\_\_

Please indicate any special accommodations by 8/1/2023:    ASL \_\_\_\_ Other \_\_\_\_\_

DEADLINE FOR BANQUET / LUNCH BUFFET SUBMISSION: August 31, 2023

BANQUET # \_\_\_\_\_ (ADD \$30)    LUNCH BUFFET# \_\_\_\_\_ (ADD \$15)

CHECKS PAYABLE TO: Area 74 Fall 2023 Conference

Mail in Form to: 2517 Paul St., Eau Claire, WI 54701

Questions: (715) 559-2546 - area74fallconference2023@outlook.com

# The District 05 View



Vol 2023, SEP issue

[Register Online Here](#)

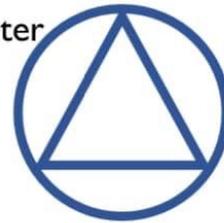


## “No Middle of the Road Solution”

Join us for an inclusive event practicing recovery, unity, and service!

### October 6 – 8, 2023

Best Western Plus Eau Claire Conference Center  
3340 Mondovi Road, Eau Claire, WI 54701  
Call (715) 838-9989 to reserve a room.



\$20 with pre-registration

Panels \* Hospitality Room \* Ice Cream Social

<b>Friday, October 6</b> Kent C., AA, Sandusky, OH	<b>Saturday, October 7</b> Iris R. Al-Anon, Kenosha, WI Polly P. AA, Jacksonville, FL	<b>Sunday, October 8</b> Rachel Z., Al-Anon, Eau Claire, WI Brett Z., AA, Eau Claire, WI
---	---	--

Register online at [www.recoveryontheriver.org](http://www.recoveryontheriver.org) or return this form by September 25, 2023 to: Recovery on the River PO Box 1945 Eau Claire, WI 54702

name \_\_\_\_\_

phone \_\_\_\_\_ email \_\_\_\_\_

(circle one) Al-Anon Alateen AA

Contact me about service opportunities

Please check for special accommodations

Pre-Registration: \$20

Banquet: \$30

Bill W Donation: \_\_\_\_\_

T-Shirt: \$20

T-Shirt Size: \_\_\_\_\_  
(S,M,L,XL,XXL,XXXL)

Total Enclosed: \_\_\_\_\_

**Payment Method:**  
Cash/Check/Credit Card

Checks can be made payable to  
“Recovery on the River”

[www.recoveryontheriver.org](http://www.recoveryontheriver.org)  
[registration@recoveryontheriver.org](mailto:registration@recoveryontheriver.org)

# The District 05 View



Vol 2023, SEP issue

## Big Book 4<sup>th</sup> Step Inventory Workshop

When – Saturday November 4th

Time –12:30pm to 5pm

Where – River Falls Alano Club

Based on the Big Book using Joe and Charlie 4<sup>th</sup> step worksheets.

Requirement – must have worked/completed Steps 1-2-3 with a sponsor.

Worksheets, Pen/pencil will be provided.

Bring your Big Book; Books will be available if you don't have one

Bring your own Snack/Beverage & Willingness!!

Questions? Call Andy W 651-206-0019 / Gary S 715-425-9973

Margaret D 612-385-0021 / Charles S 651-263-7969

CHIPPEWA VALLEY INTERGROUP

## LOOKING FOR VOLUNTEERS

### SEARCH CRITERIA

- Willing to participate & have fun!
- Represent your home group
- Attend one ZOOM monthly meeting
- <https://us04web.zoom.us/j/477613530>
  - Meeting ID: 477 613 530
  - Last Wed. each month, 6:00 pm
- Feel a part of.. and give back

### JOB DESCRIPTION

Coordinates staffing & answering of the 24/7 help line  
Maintains & makes available AA meeting lists & information  
Facilitates AA 12th Step calls  
Maintains inventory of popular conference approved literature for sale to groups, and facilitates large special purchases to reduce costs.  
Provides literature support for new group start ups.  
Maintains a web site  
Cooperates with AA Districts and Area Functions Special Projects—like CVIC annual Unity Picnic!



### ABOUT CVIG

The Chippewa Valley Intergroup is a recognized part of Alcoholics Anonymous that parallels and complements the AA Conference service structure. CVIG is dedicated to helping the still suffering alcoholic find a solution.

### MORE INFORMATION

715-835-5543 <https://chippewavalleyintergroup.org>

ge 7



## DISTRICT 05 PUBLIC INFORMATION COMMITTEE MEETING

A GREAT WAY TO BE OF SERVICE

DESIGN | PSA | INFORMATION BOOTHS | AND MORE

JOIN US THE SECOND MONDAY OF EVERY  
MONTH AT 6:15PM

ZOOM ID: 961 8488 4909 PASSWORD: 609156

FOR MORE INFORMATION, EMAIL [PI@DISTRICT05.ORG](mailto:PI@DISTRICT05.ORG)

