

The District 05 View



Vol 2022, Sept. issue

Serving AA in Pierce, Pepin, Buffalo, Eau Claire and Trempealeau counties, and portions of Saint Croix, Dunn and Chippewa counties

Step 9: "Made direct amends to such people wherever possible, except when to do so would injure them or others."

MONTHLY DISTRICT MEETING
Second Wednesday, 6:45 p.m.

All are welcome!

*****ONLINE ONLY*****

Zoom ID: 829 0126 1204

Password: district05

Keep the 7th Tradition Alive!
Support our district with cash or check . Mail checks to:

District 05, PO Box 1902
Eau Claire, WI 54702

Get an email subscription!

Send an email to:
newsletter@district05.org
with your email address

Message from Shane R *District Committee Member*

Greetings District 5,

I've been telling the River Falls GSRs since February that I was planning to come visit their groups once the weather got nicer, and the other week I finally made good on that (way overdue).

Of course I had a laundry list of "reasons" I told myself for why I was not able to get out there sooner than I did, and that's unfortunate because I really enjoyed the meeting and am grateful for the connections I've made in that area. It was great to meet the GSRs in person and feel welcome and at home in a meeting I had never been to with a bunch of people I didn't know. I always hear speakers say this when they talk about traveling, but I honestly haven't done much of that in my recovery so this was a rather new thing for me. **Thank you to Jake F and Jim D for introducing me to the pocket of enthusiasm in the western side of our district. Thank you Jackie P for being my travel companion.**
Continued on page 2

*For Calendar and more Event
Flyers see page 5-8*

RECOVERY ON THE RIVER JAMBOREE
RECOVERYONTHERIVER.ORG

**FELLOWSHIP
AND
CAMPFIRE
MEETING**

SUNDAY SEPTEMBER 4 STARTS AT 5PM	FOOD PROVIDED \$5 SUGG. DONATION YARD GAMES FELLOWSHIP 50/50 RAFFLE
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7550 CHICKADEE RD
FALL CREEK, WI 54742

The District 05 View



Vol 2022, Sept. issue

Tradition 9: "A.A., as such, ought never be organized; but we may create service boards or committees directly responsible to those they serve."

From Shane R DSM - Continued from page 1

Part of my duties as DCM is to travel, and while I look at a meeting list and randomly select meetings to go to, **I encourage the GSRs and general members of the district to reach out to me directly if you have a need for me at your home group and/or group conscience meeting.** I'm happy to come share about what's happening at the district and answer any questions you may have. Thankfully I have the support of a wonderful group of district officers, committee chairs, and other friends in the fellowship I can reach out to if I don't have the answer or experience you are looking for. Right now my plan is to hit some meetings in the Menomonie area in September.

The Menomonie Leisure Center is open and available for the monthly GSR meetings if the district decides it wants to go this route. If you have strong feelings about this, please speak to your GSR. We effectively get business done via zoom, but I wonder sometimes if our sense of unity is lessened when we aren't seeing each other in person and having the sort of direct contact which organically occurs when a group of people are in the same room as one another.

Last month the preamble in the district guidelines was updated to reflect the change from "men and women" to "people." We did not do this as a formal "guidelines change" as we felt it was merely an editorial correction of Grapevine's copyrighted Preamble.

That's really all I can think of this month. I really appreciate all of you and the group of officers, committee chairs, and GSRs I get the pleasure of serving.

Shane R, DCM, dcm@district05.org (715) 379-3688



Serve those leaving treatment centers and transition to an AA life of recovery!

Treatment Committee Service Work

Join the District 05 Treatment Committee meeting on the second Monday of every month at 6:45pm on zoom. We bring **Bridging the Gap meetings** into **Fahrman Center, Arbor Place, and the First Time Offenders Class at UW-Eau Claire.**

We are **looking for coordinators for both the Fahrman Center meeting and the Arbor Place meeting.** The job of the coordinator is to find speakers to go into **these** facilities on the scheduled days. T

1. **The Fahrman Center** meeting is held every other Wednesday with a women's meeting at 1pm and a men's meeting at 2 pm. Both are on zoom. 2. **Arbor place** prefers weekly AA meetings and those are held at 7 pm Monday evenings onsite. Treatment Committee really needs your service work! Please email me with questions. **And login to the next meeting to learn more if you can.**

Zoom Meeting ID: 940 2587 3751
Password : 264803



Concept IX: "Good service leadership at all levels is indispensable for our future functioning and safety. Primary world service leadership, once exercised by the founders, must necessarily be assumed by the trustees".

From the Newsletter Editor

And suddenly fall has arrived! While always a bittersweet moment to see the passing of warm weather, and knowing that fall in NW Wisconsin is often brutally short before cold and snow descends on us, **I'm cheered by fall in recovery!**

As I compile the Newsletter, reaching out to program members and committee chairs, I realize how fortunate we are to be part of a vibrant recovery community in District 05. The number of cheerful posters created and shared at meetings, on social media sites, and here is testimony to how much the promises of Step 9 are being delivered to us.

On offer for anyone who would like to see their story or contribution to the Newsletter happen but is nervous about writing and submitting an article - no worries! **I am keen to interview and take notes and do the writing. You will have a chance to pre-read and edit before "publication".**

Reach me at newsletter@distict05.org with any questions or comments. **Suggestions are always welcome!**

In service,
Claire Z.

Recovery

Word Search

N	G	P	Y	B	R	E	S	Q	T	B
M	O	A	O	E	I	O	S	A	M	N
S	R	S	Y	W	B	G	K	U	O	Q
P	U	A	L	R	E	E	B	I	A	S
R	R	R	I	I	I	R	T	O	E	P
P	O	E	R	T	W	A	L	R	O	A
S	T	S	E	E	T	L	E	E	M	K
Y	T	A	N	I	N	N	L	E	S	H
N	S	E	D	O	I	D	N	I	A	S
Y	V	E	P	T	P	D	E	L	B	K
T	M	W	Y	S	S	S	T	R	M	M

Halt
Serenity
Steps
Bill Wilson
Amends
Sobriety
Big Book

Prayer
Take it easy
Pause
Pray
Meditation
Powerless
Surrender
Sponsor



Member Share: The Promises of Step 9

When I was asked to write about Step 9, I really wasn't sure where to begin. Looking through my Big Book for inspiration, I stumbled across the Promises. **Those promises had completely captured my imagination in the early days of my sobriety journey.** They described a woman who was everything I was not. I was constantly plagued by the shame of drunken memories but the Promises told me it was possible to live without regret over my past.

I was very familiar with the feelings of uselessness and self-pity. The Promises told me those feelings could disappear. I am a counselor by trade, yet towards the end of my drinking, I became vaguely aware that I just didn't care about my students the way I once did. I was too involved in my own little world. The Promises told me that I could stop living in isolation and start to care about others again. They told me I would know how to handle situations which used to baffle me. That really got my attention, because as the Queen of Awkward, everything baffled me!

Such extravagant promises! But how do they materialize? **God does for us what we cannot do for ourselves, but we have to do our part as well.**

The problem I was trying to "solve" with my alcoholism was that I expected everyone to love me unconditionally. That is a very powerless place to be because for better or for worse, people just aren't thinking about me all the time. This led to all kinds of unwarranted resentment and insecurity. There is nothing wrong with wanting to be loved unconditionally but that becomes very difficult when resentment and insecurity drive my thoughts and behavior.

By making direct amends to those I had listed in Step 8, I found the power to turn those feelings back. I could become the person I read about in the Promises because that is the person that God created me to be. I did not need to rely on others to fill that need for me. In making direct amends to others, I set us both free to be who God created us to be. **Miraculously, I found true unconditional love in Step 9.**

We often feel great trepidation as we think about what we must do in Step 9. Our drinking brought us so many situations we wanted to forget. So we drank more to help us forget. We dug the hole deeper and deeper until we couldn't see out anymore. We were alienated from everyone including ourselves and God. So the prospect of filling that deep hole back in by righting whatever wrongs we have done is understandably daunting. But if we are painstaking about this phase of our development, we will be amazed before we are halfway through. We will find that as we make our amends and clean our side of the street that in the process, we have also made amends to ourselves and to our God. **We will be aligned with God, and ready to be of maximum service to Him. We will know a new freedom and a new happiness. Are these extravagant promises? We think not!**

In service,

Allie

[District Calendar Click Here](#)

RECOVERY ON THE RIVER JAMBOREE
RECOVERYONTHERIVER.ORG



**FELLOWSHIP
AND
CAMPFIRE
MEETING**

SUNDAY SEPTEMBER 4	STARTS AT 5PM
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**FOOD PROVIDED
\$5 SUGG. DONATION
YARD GAMES
FELLOWSHIP
50/50 RAFFLE**

**7550 CHICKADEE RD
FALL CREEK, WI 54742**

ALANO CLUB 12

A DAY OF FUN & FELLOWSHIP
Sunday, September 11th

LOOKING FOR A SPONSOR?
INTERESTED IN BECOMING A SPONSOR?

JOIN US!

**@12:00
SPONSORSHIP WORKSHOP!**
**SPEAKERS: RHONDA C.
DAVE P.
NICOLAS S.**

**@1:30
FOOD!**
BRATS & HOTDOGS PROVIDED
**BRING A DISH TO PASS
OR A DONATION**



**@3:25
TAILGATE PARTY!**
PACKERS VS. VIKINGS
**PRIZES DURING THE
GAME TOO!**



**PACKERS FOOTBALL
IS BACK!**



AA GOES TO THE INTERNATIONAL FALL FESTIVAL!

THE DISTRICT 05 PUBLIC INFORMATION COMMITTEE
IS SEEKING VOLUNTEERS TO STAFF THE AA
INFORMATION BOOTH IN DOWNTOWN EAU CLAIRE

SATURDAY, SEPTEMBER 10TH

SHIFTS WILL RUN BETWEEN 11AM TO 5PM

IF INTERESTED, PLEASE EMAIL PI@DISTRICT05.ORG

On Step 9:

"Above all, we should try to be absolutely sure that we are not delaying because we are afraid".

- AA World Services, *Twelve Steps and Twelve Traditions* (2003), p.86

WICYPAA Host
Committee
presents

CHILI COOK OFF

Triangle Club - KC Hall
2708 Thomas Dr.
Eau Claire, WI 54701

**Saturday September 17th
12 NOON - 3PM**

Prize for
winner!

Bring over your best pot of chili!

*WICYPAA is the WI Conference of
Young People in AA - young being
defined as anyone with room to
grow. For more info, visit wicypaa.org
or email the Host Committee at
wicypaaxxx@gmail.com

Three panelists will share their
experience, strength, and hope on
relationships

SUGGESTED DONATION: \$5



**DISTRICT 05
PUBLIC
INFORMATION
COMMITTEE MEETING**
A GREAT WAY TO BE OF SERVICE

DESIGN | PSA | INFORMATION BOOTHS | AND MORE

**JOIN US THE SECOND MONDAY OF EVERY
MONTH AT 6:15PM**

ZOOM ID: 961 8488 4909 PASSWORD: 609156

FOR MORE INFORMATION, EMAIL PI@DISTRICT05.ORG



"How dark is it before the
dawn?" pg 8

WICYPAA XXX

**Host Committee Meetings
The first Sunday of every
month at 4pm**

Alano Club 12 | 2926 Pomona Dr. | Eau Claire, WI 54701

WICYPAA is the WI Conference of
Young Person's in AA - Young being
defined as anyone with room to
grow. For more info, visit
www.wicypaa.org or e-mail the host
committee at wicypaaxxx@gmail.com

**ZOOM ID: 705 973 2063
Password: wicypaa**

Made with PosterMyWall.com

Sponsorship Workshop

Young Perspectives on Sponsorship

Nicole H	Kaufua X	Jake K	Christian K
Eau Claire	Eau Claire	Chippewa Falls	Hudson

Please Join Us to Hear Younger AA
Members Share Their Experience
Strength and Hope in a Rapid Fire
Question and Answer Format

When - Saturday September 24th 2022 1:00PM - 3:00PM

Where - River Falls Alano Club
W9896 770th Ave (Corner of HWY 29 & CR FF)
River Falls, WI

Water Coffee and Snacks Will Be Provided
MC - Charles S



**BIG EVENT COMING THIS FALL!
MARK YOUR CALENDAR!**

SAVE THE DATE...



Recovery on the River JAMBOREE!

“THE FELLOWSHIP YOU CRAVE”

**JOIN US FOR AN INCLUSIVE EVENT PRACTICING RECOVERY,
UNITY, AND SERVICE!**

OCTOBER 7 – 9, 2022

**BEST WESTERN PLUS EAU CLAIRE CONFERENCE CENTER
3340 MONDOVI ROAD, EAU CLAIRE, WI 54701
CALL (715) 838-9989 TO RESERVE A ROOM.**

**\$15 WITH PRE-REGISTRATION
\$25 BANQUET DINNER SATURDAY NIGHT!**

PANELS * HOSPITALITY ROOM * ICE CREAM SOCIAL * 50/50 RAFFLE

Friday, October 7

Kaufua X., AA, Eau Claire, WI
Adam W., AA, Toronto, ON, CA

Saturday, October 8

Jodi R., Al-Anon, Dodge City, KS
Amy D., AA, Louisville, KY

Sunday, October 9

Jo H., Al-Anon, Fall Creek, WI
Paul H., AA, Fall Creek, WI

Register online at www.recoveryontheriver.org or return this form by September 25, 2022 to: Recovery on the River PO Box 1945 Eau Claire, WI 54702

name _____

address _____

city _____ state _____ zip _____

phone _____ email _____

(circle one) Al-Anon Alateen AA

☐ Contact me about service opportunities

☐ Please check for special accommodations

REGISTRATION: \$15

BANQUET: \$25

BILL W DONATION: _____

TOTAL ENCLOSED: _____

Payment Method:

Cash/Check/Credit Card

Checks can be made payable to
“Recovery on the River”

**WWW.RECOVERYONTHERIVER.ORG
REGISTRATION@RECOVERYONTHERIVER.ORG**

...the best way to begin 2023!

WICYPAA XXX

"How Dark It Is Before The Dawn!" pg. 8

Friday, January 6th - Sunday, January 8th 2023

The Lismore Hotel

333 Gibson St Eau Claire, WI 54701

\$119/night

Call to book your room or use
code "WIC" in Group Rate when
booking online



Name:
Email:
City/State:

Pre Reg
\$15

Bill W Scholarship? Y/N

Special Accommodations:

Venmo your registration information to
@wicypaa or register online at
wicypaa30.square.site

Registration Website



Hotel Website



WICYPAA is the Wisconsin Conference of Young People in Alcoholics Anonymous -
Young being defined as anyone with room to grow. For more information, visit
www.wicypaa.org or email the Host Committee at wicypaaxxx@gmail.com